

Staten Island Mental Health Society and CHASI

669 Castleton Avenue, Staten Island, NY 10301

Provides a wide range of health and mental health services to children and families, people with developmental disabilities, and teens struggling with substance abuse.

Main Phone: **718-442-2225**

The **Mobile Integrated Health Team** provides in-home health and mental health services and has a child mental health specialist on staff. **718-984-5050**.

3974 Amboy Road, Staten Island, NY 10308

For more information on Sandy relief community based services, including day care, resiliency training, school based mental health services, substance abuse support for youth, and therapeutic summer programs, contact Paulina Chin at **718-984-5050**.

JCC Caregiver Services Program of Staten Island

1297 Arthur Kill Rd, Staten Island, NY 10312

Services are targeted to persons caring for older adults 60 and above, who are either physically or cognitively impaired, typically with Alzheimer's or related dementia.

Services are also available for grandparents ages 55 or older who are the primary caregivers of children 18 years of age or younger. Offers information and assistance, individual counseling, support groups for caregivers and their family, community and caregiver trainings, stress reduction classes, respite services, and basic supplies.

Please call for more information : **718-475-5281** or **718-475-5287** or **718-475-5279**

Jewish Board of Family and Children's Services

135 W 50th St, 6th Fl, New York, NY 10020

Offers psycho-spiritual (emotional and pastoral) counseling in individual or group settings for Jewish community members or those who have a connection to the Jewish community. Services are mobile and counseling can occur in the client's home or a community space. Services are available in English and Russian

Phone Number: **212-632-4640** .

Malka Shagaraeva: mshagaraeva@jbfcs.org

Rabbi Josh Minkin: jminkin@jbfcs.org

Project Hospitality Recovery Center

14 Slosson Terrace Staten Island, NY 10301

Mental health counseling, psychiatric services: Free for Sandy affected adults

Phone Number: **718-273-8409**. Opening: April 2014

Visiting Nurse Service of NY

Emotional support and counseling services available free of charge and can be held in individual or group sessions, in the home, or in the community. Program staff are trained in Cognitive Behavior Therapy-Post Disaster Distress by leading experts from the National Center for PTSD.

Phone Number: **718-888-6955**

Jewish Community Center of Staten Island

1466 Manor Road, Staten Island, NY 10314

The Bernikow JCC offers a full array of counseling services to interested parties who were impacted in any way by Hurricane Sandy. Available services include individual as well as group sessions for both children and adults, art therapy sessions and groups for children and adults, and spiritual counseling. For more information or to schedule an appointment, please contact Neshama Marcus at **718-475-5228** or nmarcus@sjcc.com.

Project Hospitality Senior Health and Wellness

812 Patterson Avenue, Staten Island, NY 10306

Screenings for health, mental health, substance abuse, memory impairment: \$10 gift certificate. Follow up visits with counselor in home or by phone. Free for Sandy affected adults 50+. Call **347-466-2997** to schedule an appointment

PREP Medically Monitored Withdrawal and Alcohol/Drug Stabilization Center

Bayley Seton Hospital 75 Vanderbilt Ave, SI, NY 10304

The PREP Center exists to support and assist persons in the management and treatment of alcohol and/or substance withdrawal and crisis stabilization, during the early phases of recovery from substance abuse and to identify tools and resources needed to achieve abstinence. The program can also offer assistance during situational crisis or for people with a substance abuse history not currently using, but who would relapse without support. This is a medically monitored withdrawal and stabilization program with a maximum stay of 21 days. Clients will receive daily individual and group counseling as well as linkage to ongoing care upon discharge.

Phone: **718-447-3295**

Crisis Counseling Hotlines

National Disaster Distress Helpline

Offers specialized crisis counseling and support for anyone in New York State struggling with emotional distress related to Hurricane Sandy. The DDH offers 24/7/365 toll-free, confidential and multi-lingual hotline (1-800-985-5990; "Press 1" for Hurricane Sandy) and SMS (text "TalkWithUs" to 66746; Spanish-speakers can text "Hablamos" to 66746) LBenblatt@mhaofnyc.org.

Lifenet

Lifenet is a free and confidential help line for New York City residents, available 24/7. The hotline's trained mental health professionals provide support and help callers find mental health and substance abuse services.

Call **1-800-LIFENET**

Spanish: **1-877-990-8585**

Staten Island Interfaith & Community Long Term Recovery Org.

This pamphlet is provided by the Staten Island LTRO, a recovery coalition committed to the rebuilding, resiliency and renewal of Sandy affected communities. Please check out our website at sisandyhelp.org or call **718-448-1544 x166** for more information

LTRO Coordinator: Rev. Karen Jackson

Health, Mental Health and Spiritual Care Committee Chair: Pat Kane, RN

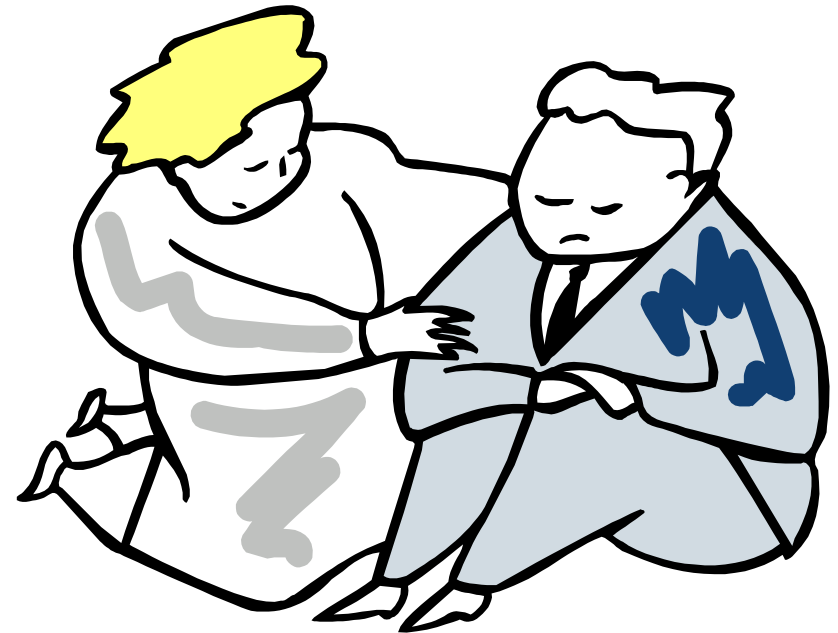


*Staten Island Long Term
Recovery Organization*

sisandyhelp.org

FREE COUNSELING SERVICES

*Still feeling the stress of
Superstorm Sandy?*



**These FREE counseling services
exist to help YOU.
All you have to do is call!**

